



SERVICES

Wellness Program
2019

Inspire to be healthy

Patient Name: _____ DOB: _____

Primary Street Address: _____

City / State: _____ Zip code: _____

Phone number: _____

➤ Lipid Panel:

Total Cholesterol: _____

HDL: _____

LDL: _____

Triglycerides: _____

Ratio: _____

➤ Blood Sugar:

**Please provide the test that applies as indicated below*

Fasting Blood Sugar (NON-Diabetic Patients): _____

HgbA1c (Diabetic Patients ONLY): _____

➤ Blood Pressure: _____

➤ Heart Rate: _____

➤ BMI: _____

➤ Waist Circumference: _____



Dear Primary
Care Provider

Your patient has decided to be a part of the wellness initiative at his/her workplace.

A part of the wellness initiative includes some basic screening tests aimed to detect specific conditions.

We thank you for participating in your patient's wellness initiative and encouraging them to stay well and to inspire to be healthy.



Provider's Name: _____

Providers Street Address: _____

City / State: _____ Zip code: _____

X _____
Provider Signature (MD, DO, NP, PA)